

The Integrative Cardiology Center of Long Island (ICCLI, doing business as Integrative Cardiology, PLLC) provides prescriptions for dietary supplements to be used under physician supervision. The use of dietary supplements in the United States is guided by the Food and Drug Administration **Dietary Supplement Health and Education Act of 1994**. The supplements prescribed by the physician(s) of ICCLI through web-based virtual dispensary (Healthwave.com) are manufactured by the domestic companies using good manufacturing practices, and the adverse events are reported to the FDA database. All companies provide full disclosure information about type and amount of ingredients, including fillers and inactive components of the supplements.

As a patient, you should know that your safety is our top priority. Therefore, we ask that you read the provisions of the supplement use, and sign the informed consent before requesting a supplement prescription:

- 1) Supplements are not medications, and are not intended to treat or cure any condition or disease. Supplements may be helpful in managing cellular and organ disturbances and symptoms produced by conditions or diseases.
- 2) Supplements may interact with medications, and there is limited information available about some of the interactions. We verify interaction potential by consulting publicly available databases, such as National Institute of Health MedlinePlus database (<http://www.nlm.nih.gov/medlineplus/druginformation.html>) .
- 3) Supplements are considered food, not drugs, and are not covered by medical insurance or reimbursed from the flexible spending accounts.
- 4) You are strictly prohibited from sharing your prescribed supplements with any family members or friends.
- 5) If you take any supplements that were not prescribed by the physician(s) of ICCLI, you must bring the containers and/or package inserts for review before requesting a prescription.
- 6) If the identity, complete chemical composition or manufacturing source of your supplement(s) cannot be determined, you will be asked to stop using it.
- 7) If you think that you developed a reaction or a side-effect to a particular supplement, you must stop taking it, and notify your physician immediately.
- 8) You are advised to print or save an electronic record of your supplement prescription, and have it available when receiving medical care outside of the ICCLI.
- 9) Use of supplements is at your own risk, and you agree to hold ICCLI harmless for any and all damage, including serious illness and death that may occur due to supplement use.

Signature

Date